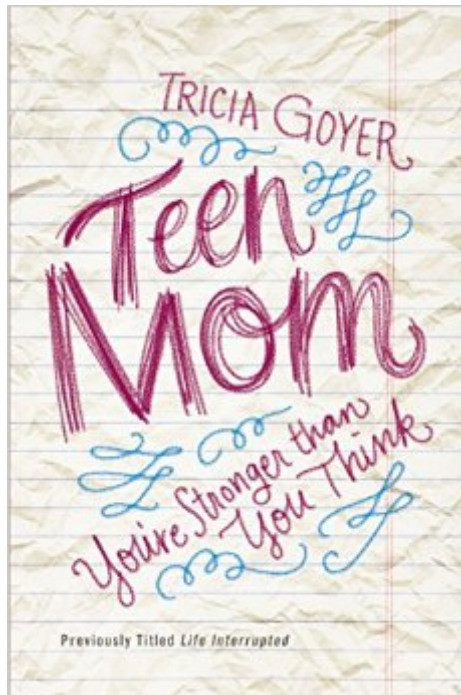


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# Teen Mom: You're Stronger Than You Think



## Synopsis

Everything changes the day you discover you're going to be a mom. It's not just yourself that you think aboutâ• you have a child to care for, too. While you wouldn't trade your child for the world, some days are just hard. Baby-daddy drama, dealing with your parents, and worries about school, work, and your future slam you. Your friends can't relate to your little family, and you wonder if God has turned His back on you, too. Tricia Goyer understands. A mom at age 17, Tricia remembers what it felt like to carry the weight of the world on your shoulders. She's also been the coordinator of a teen mom support group for over twelve years, and she's cheered on many young momsâ•from all walks of lifeâ•through their journey. In *Teen Mom*, Tricia pours out her heart and shares advice for the hard things you face. She also longs to provide encouragement, reminding you that you can be the mom your child deservesâ•not in your own strength, but in the strength God provides.

## Book Information

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## Customer Reviews

Tricia Goyer has written a true gem to be treasured. I liked her down-to-earth, simple and straight forward approach to teen parenting. The book goes through different thoughts and emotions, as well as giving good sound advice. Her transparency about her own personal journey as a teen mom offers insight that has the ability to identify with those walking in shoes she has already walked in. The language is very modern and will appeal to today's generation. I feel this book would be a great resource for anyone who is either pregnant or a mother of young children, whether she is a teen, single, young, or seasoned. Every mom has had a time of struggle with the exact situations and emotions this book is written around. It would also be a great resource for those who have a

heart for teen ministry. You will find the last chapter to be a refreshing breath of fresh air. Tricia shares from her heart how she found hope in the midst of her struggling life. This chapter is written in plain and simple language about finding hope in Jesus Christ "amidst your emotional ups and downs, amidst your heartache, amidst your worries and concerns, and amidst your struggle to fit life's pieces together. This is a book that you will want to share. Get a copy for you and pick up one or more copies and pray that God would lead you to someone who needs the message this book has to offer.

Some may be wondering why a grandfather is reviewing a book for teen moms. I suppose that's a valid question. I was not a teen father so I have no firsthand experience with this. A time or two, I wondered why I volunteered for this. However, having completed the book, I strongly recommend it for teen moms and anyone involved with or concerned for teen moms. This book is worth being read and shared. Even the baby daddies who still have a relationship with the teen mom can find information here that will help. Tricia Goyer does not hold back as she tells of her own experiences but the real meat of the book is all of the helpful advice offered based on her experience and what she has learned since being a teen mom. The final chapter is worth the price of the book as she shares the HOPE found in Jesus Christ and how He makes all the difference even in situations that may seem hopeless. The entire book builds toward the last chapter. The book is certainly not an endorsement of out-of-wedlock pregnancy, but the fact is that it happens all the time and here is a great resource that is easy to read and understand. And it definitely is not preachy. I appreciate receiving a complimentary copy of this book from the author in exchange for my honest review.

This is a very well written book. Written with a Christian perspective it is an inspiring book. However it is not just for those who are already Christian it is excellent for anyone. Has excellent advice, and encouragement. Honestly talks about teen moms and some of the issues they face. I highly recommend it.

Tricia Goyer speaks to teen moms from her own experience. She became a teen mom at the age of seventeen, so she can identify with the unique struggles a teen mom faces. She tells her story throughout the book, describing how her life has turned out well, in spite of her teen pregnancy. She writes in a warm, friendly voice with lots of encouragement for teen moms. I love how she instructs, admonishes, and encourages girls to be the best person each can be, for their sake and for the

sake of their babies. The book is structured around nine needs of teen moms, and explores the importance of each one. As girls read this book, they are encouraged to consider their circumstances, decide what their goals are, and take steps to make those goals a reality. She also discusses the need for God to be a part of the girls' lives. She does that in a very conversational, non-threatening way throughout the book, after she has gained their trust and friendship. The layout of this book is appealing, also. Chapters are broken up into small sections, there are insets scattered throughout, to break up the text, and there are lots of quotes about the subject at hand from other teen mothers. And the font for subject breaks is fun! One thing teen moms do not need is more judgment, and this book delivers the opposite: Lots of encouragement to make good decisions from this point on. I would highly recommend this book to be given to any young girl who finds herself pregnant. I received a copy of this book from the author in exchange for an honest review, which I have given.

Tricia writes from her experience. Which is amazing! She is such an awesome author. I have reviewed other books of hers on here before. Not only does she write from her experience, she has tidbits from other moms through the entire book. She has these sections called, "Think About It" where she gives you some thoughts to really think about. And, there are sections called, "My Life" where she has quotes from other moms writing about an experience that corresponds with the chapter. At the end of each chapter, there is a spot where the teen mom can write down thoughts, and do a couple of exercises that help understand what they are going through. I really wish I had this book then, and, I really wish I had Teen Mom when my own daughter became a mom at 17. I think she would have benefited very much from reading about Tricia's experiences. I received a copy to review on my blog My MisMatched World

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